

AFTERCARE

Nail Extensions / Gel Manicure

KEEP YOUR GELBOTTLE NAILS LOOKING BEAUTIFUL FOR LONGER

DO'S

- ✓ Be especially careful in the first 24 hours after application and avoid intense heat during this period (e.g. saunas, hot bath, or sunbeds).
- ✓ Use cuticle oil daily to keep your nails nourished, to stimulate growth and prevent lifting.
- ✓ Always wear rubber gloves when washing up, cleaning or gardening.
- ✓ Always wash your hands thoroughly after being in contact with chlorine, insect repellent or sunscreen.
- ✓ Always return to salon for maintenance and removal and follow any advice given to you by your nail technician.

DONT'S

- ✗ Avoid long periods of time in water (e.g. long baths, swimming, washing up).
- ✗ Do not use your nails as tools (e.g. screwdriver) as this could lead to cracking.
- ✗ Never pick or peel the product off as this could damage your natural nail.
- ✗ Avoid filing your nails and pushing your cuticles back, as this will break the seal of the gel and can lead to chipping.