



The GelBottle Inc (TGB)
Gel Polish / Builder in A Bottle™ / Gel Pot

GEL POLISH COLOUR

TGB GEL POLISH COLOUR APPLICATION

STEP #1: NAIL PREP - GEL POLISH COLOUR



- Sanitise your own and your customer's hands.
- Push back and trim excess cuticles.
- File nails into shape using a TGB 220/240 grit File.
- Gently buff nails using a TGB 100/180 grit Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone. No 'prep-and-wipe' or 'scrub-fresh' solutions.

STEP #2: BASE COAT - GEL POLISH COLOUR

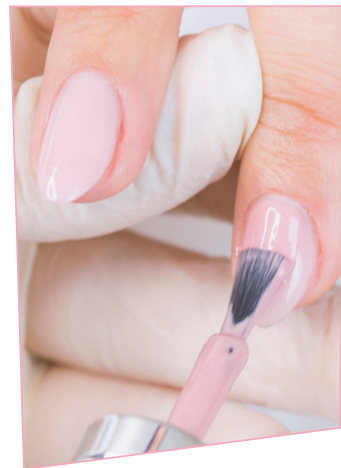
- Apply a thin and precise layer of TGB 2in1 Base Coat or TGB Rubber Base Coat.
- Seal the free edge.
- Cure using the TGB Light The Way Lamp on Low Heat Mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be re-gained using Low Heat Mode again.

STEP #3: FIRST LAYER - GEL POLISH COLOUR

- Apply the first layer of a TGB Gel Polish Colour of your choice and seal the free edge.
- Cure using the TGB Light The Way Lamp for 60 seconds, the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.

STEP #4: SECOND LAYER - GEL POLISH COLOUR

- Apply the second layer of a TGB Gel Polish Colour of your choice and seal the free edge.
- Cure using the TGB Light The Way Lamp for 60 seconds, the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.



STEP #5: TOP COAT - GEL POLISH COLOUR

- Apply TGB Extreme Shine Top Coat, TGB Rubber Top Coat or TGB Matte Top Coat and seal the free edge.
- Cure using the TGB Light The Way Lamp for 60 seconds, the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.
- No need to wipe or cleanse after curing. All TGB top coats are non-wipe.



TGB GEL POLISH COLOUR REMOVAL



STEP #1: PREP - GEL POLISH REMOVAL

- Sanitize your own and your customer's hands.

STEP #2 : TOP COAT REMOVAL - GEL POLISH REMOVAL

- File off the TGB Top Coat with a TGB 120/180 grit File.

STEP #3 : SOAK OFF - GEL POLISH REMOVAL

- Soak TGB Lint Free Wipes in plenty of 100% acetone and wrap in foil or place (folded) in TGB nail clips, on each finger. Leave to soak for 10 to 15 minutes, times may vary depending on the products used, nail art, glitter and number of layers.

STEP #4 : REMOVAL - GEL POLISH REMOVAL

- Start removing one nail at a time, while keeping the rest in acetone. If taken out all at the same time the gel will begin to reset and go hard.
- Don't force the gel off, if it is still hard, allow the gel to soak for longer.
- Use a sharp TGB Cuticle Pusher to remove any remaining soaked gel.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.

STEP #5 : BUFF AND SHAPE - GEL POLISH REMOVAL

- If there is any TGB Base Coat residue left, use a TGB 100/180 grit Buffer to gently buff it off.
- If you are performing another gel application, any TGB Base Coat left on the nail plate needs to be only slightly buffed to avoid over buffing the natural nail, concentrating on areas around the cuticles.

BUILDER IN A BOTTLE™

Our medium viscosity Builder in a Bottle™ can be added as a strengthening layer before TGB Gel Polish application, as a natural nail overlay, or to create short to medium length extensions using TGB Forms or TGB Clear Tips.

The TGB Nude BIAB™ range already includes base and primer and is soak-off. TGB Clear and White BIAB™ do require TGB Rubber Base to be applied beforehand and need to be removed with the TGB E-file (if you are E-File trained) or filed off by hand. Then soak off the base layer.

NATURAL NAIL OVERLAY

STEP #1: NAIL PREP - NATURAL NAIL OVERLAY

- Sanitise your own and your customer's hands.
- Push back and trim excess cuticles.
- File nails into shape using a TGB 220/240 grit File.
- Gently buff nails using a TGB 100/180 grit Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone. No 'prep-and-wipe' or 'scrub-fresh' solutions.

STEP #2: FIRST LAYER - NATURAL NAIL OVERLAY

- Apply a thin layer of TGB BIAB™ over the natural nail (use a layer of TGB Rubber Base if using TGB Clear or White BIAB™.)
- Cure using the TGB Light The Way Lamp on Low Heat Mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.'

STEP #3: SECOND LAYER - NATURAL NAIL OVERLAY

- Apply a medium bead of TGB BIAB™, spreading side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge and the cuticle area.
- Seal the free edge.
- Build and cure one nail at a time, turn the hand over to help create apex if necessary.
- Cure using the TGB Light The Way Lamp on low heat mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.

STEP #4: THIRD LAYER - NATURAL NAIL OVERLAY

- Apply a medium bead of TGB BIAB™, spreading side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge and the cuticle area.
- Seal the free edge.
- Build and cure one nail at a time, turn the hand over to help create apex if necessary.
- Cure using the TGB Light The Way Lamp on low heat mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.

STEP #5: REFINE - NATURAL NAIL OVERLAY

- Wipe with Isopropyl Alcohol.
- Refine the nail using a TGB 120/180 grit File.
- Buff into shape using a TGB 100/180 grit Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with a duster brush.

STEP #6: TOP COAT - NATURAL NAIL OVERLAY

- For a nude finish apply a layer of TGB Extreme Shine Top Coat. No need to wipe or cleanse after curing. All TGB top coats are non-wipe.
- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Colour Application' steps.

NAIL EXTENSIONS USING TIPS

TGB BIAB™

STEP #1: NAIL PREP - EXTENSIONS USING TIPS

- Sanitise your own and your customer's hands.
- Push back and trim excess cuticles.
- File nails into shape using a TGB 220/240 grit File.
- Gently buff nails using a TGB 100/180 grit Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.
No 'prep-and-wipe' or 'scrub-fresh' solutions.

STEP #2: APPLY TIPS - EXTENSIONS USING TIPS

- Apply TGB Clear Tips to natural nails. Make sure you can't see any bubbles between the nails and tips when glued on.
- Cut, file and buff tips into shape using a TGB 120/180 grit File and TGB 100/180 grit Buffer.
- Using 100% pure acetone wipe the natural nails, avoiding the tips.

STEP #3: BASE LAYER - EXTENSIONS USING TIPS

- Apply a thin layer of TGB BIAB™ or a layer of TGB Rubber Base (if using TGB Clear or White BIAB™) and seal the free edge.
- Cure using the TGB Light The Way Lamp on Low Heat Mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.'

STEP #4: SECOND LAYER - EXTENSIONS USING TIPS

- Apply a medium bead of TGB BIAB™, spreading side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge and the cuticle area.
- Seal the free edge.
- Build and cure one nail at a time, turn the hand over to help create apex if necessary.
- Cure using the TGB Light The Way Lamp on low heat mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.

STEP #5: THIRD LAYER - EXTENSIONS USING TIPS

- Apply a medium bead of TGB BIAB™, spreading side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge and the cuticle area.
- Seal the free edge.
- Build and cure one nail at a time, turn the hand over to help create apex if necessary.
- Cure using the TGB Light The Way Lamp on low heat mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.

SCULPTING WITH NAIL FORMS - TGB BIAB™

STEP #1: NAIL PREP - SCULPTING WITH NAIL FORMS

- Sanitise your own and your customer's hands.
- Push back and trim excess cuticles.
- File nails into shape using a TGB 220/240 grit File.
- Gently buff nails using a TGB 100/180 grit Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone. No 'prep-and-wipe' or 'scrub-fresh' solutions.

STEP #2: FORMS - SCULPTING WITH NAIL FORMS

- Apply TGB Nail Forms to each nail to suit the nail curve. Make sure there are no gaps between the forms and nails.

STEP #3: BASE COAT - SCULPTING WITH NAIL FORMS

- Apply a thin layer of TGB BIAB™ or TGB Rubber Base (if using TGB Clear or White BIAB™) to the tip of the free edge on the natural nail and drag down over the form to create the extension base.
- Cure using the TGB Light The Way Lamp on Low Heat Mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.
- Repeat for each individual nail one at a time.



STEP #4: FIRST LAYER - SCULPTING WITH NAIL FORMS

- Apply a medium bead of TGB BIAB™ on the natural nail and spread side to side covering the nail plate and dragging towards the tip you have created.
- Cure using the TGB Light The Way Lamp on Low Heat Mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.
- Remove the nail forms.

STEP #5: SECOND LAYER - SCULPTING WITH NAIL FORMS

- Apply a medium bead of TGB BIAB™, spreading side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge and the cuticle area.
- Seal the free edge.
- Build and cure one nail at a time, turn the hand over to help create apex if necessary.
- Cure using the TGB Light The Way Lamp on low heat mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.

STEP #6: THIRD LAYER - SCULPTING WITH NAIL FORMS

- Apply a medium bead of TGB BIAB™, spreading side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge and the cuticle area.
- Seal the free edge.
- Build and cure one nail at a time, turn the hand over to help create apex if necessary.
- Cure using the TGB Light The Way Lamp on low heat mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.

STEP #7

- Remove the tacky layer with Isopropyl Alcohol.
- Refine the surface of the extended nail using a TGB 120/180 grit File.
- Shape to the desired nail shape using a TGB 120/180 grit File.
- Gently buff using a TGB 100/180 grit Buffer.

STEP #8 : TOP COAT - SCULPTING WITH NAIL FORMS

- For fully nude extensions, finish with a layer of TGB Extreme Shine Top Coat.
- Cure using the TGB Light The Way Lamp on Low Heat Mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.
- No need to wipe or cleanse after curing. All TGB top coats are non-wipe.
- If extensions are to be finished with a TGB Gel Polish Colour use the 'Gel Colour Application' steps.

BUILDER IN A BOTTLE™ REBALANCE

STEP #1: TOP COAT & COLOUR REMOVAL - REBALANCE

- Sanitise your own and your customer's hands.
- Either using the TGB E-file (if you are E-File trained) or a TGB 120/180 grit File, file off the TGB Top Coat and then the TGB Gel Polish Colour to expose TGB BIAB™ and level out the growth area.
- Remove any dust and wipe with Isopropyl Alcohol.

STEP #2: NAIL PREP - REBALANCE

- Push back and trim excess cuticles.
- Make sure that any lifting BIAB has been removed using a TGB 120/180 grit File.
- Using a TGB 120/180 grit File, smooth over the surface of the remaining BIAB™ and reduce the length if required.
- Dehydrate and cleanse the regrowth area of the natural nail with 100% pure acetone. No 'prep-and-wipe' or 'scrub-fresh' solutions.

STEP #3: FIRST LAYER - REBALANCE

- Apply a medium/thick layer of TGB BIAB™. Spread it around in circular motions and drag away from the cuticle area. Avoid thick build up around the free edge of the cuticle area. Turn the hand upside down to create apex, if necessary.
- Seal the free edge.
- Build and cure one nail at the time.
- Cure using the TGB Light The Way Lamp on Low Heat Mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.'

STEP #4: SHAPE - REBALANCE

- Wipe nail with pure Isopropyl Alcohol.
- Refine using a TGB 120/180 grit File, concentrating on reducing the product around the cuticle area and the free edge to create a smooth surface.
- Gently buff using a TGB 100/180 Buffer.

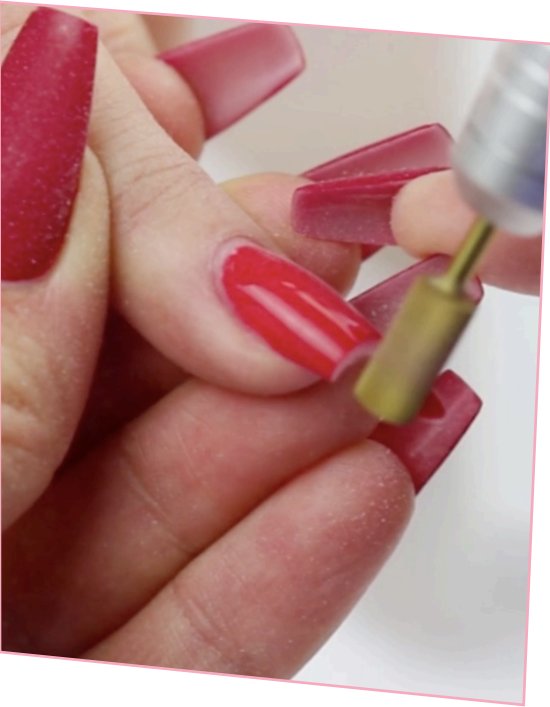
STEP #5: TOP COAT - REBALANCE

- For a nude finish apply a layer of TGB Extreme Shine Top Coat.
- Cure using the TGB Light The Way Lamp on Low Heat Mode (99 seconds), the lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.'
- No need to wipe or cleanse after curing. All TGB top coats are non-wipe.
- If nails are to be finished with a TGB Gel Polish Colour use the 'Gel Colour Application' steps.

NAIL EXTENSIONS REMOVAL

STEP #1: PREP - NAIL EXTENSIONS REMOVAL

- Sanitize your own and your customer's hands.



STEP #2: LENGTH - NAIL EXTENSIONS REMOVAL

- Using a TGB E-File (if you are E-File trained) or with a TGB 120/180 grit File reduce the length of the extension.

STEP #3: TOP COAT REMOVAL - NAIL EXTENSIONS REMOVAL

- File off the TGB Top Coat using a TGB 120/180 grit File.

STEP #4: SOAK OFF - NAIL EXTENSIONS REMOVAL

- Fill two manicure bowls with 100% pure acetone
- Place customers fingertips into the acetone, ensuring the full length of the nail is submerged.
- Leave for 10-15 minutes.

STEP #5: REMOVAL - NAIL EXTENSIONS REMOVAL

- Start removing one nail at a time, while keeping the rest in acetone. If taken out all at the same time the gel will begin to reset and go hard.
- Don't force the gel off, if it is still hard, allow the gel to soak for longer.
- Use a sharp TGB Cuticle Pusher to remove any remaining soaked gel.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.
- Repeat this process until all product has been soaked off.

STEP #6: BUFF AND SHAPE - NAIL EXTENSIONS REMOVAL

- Lightly buff using a TGB 100/180 grit Buffer and file nails into shape using a TGB 220/240 grit File.

GEL-POT

Our high viscosity, reduced heat TGB GelPots are ideal for sculpting with TGB Forms, over TGB Clear Tips or as an overlay on natural nails.

The TGB GelPot range contains no base or primer. Please use a layer of TGB Rubber Base before applying TGB GelPot.

Sculpt french tips with TGB White GelPot or go for a natural look with one of our nude shades and finish off with the TGB Extreme Shine Top Coat.

TGB Clear GelPot is great for building clear extensions and can be used to create a 'jelly/glass' look by applying a TGB Glass Polish of your choice and TGB Extreme Shine Top Coat.

All TGB GelPots are file-off products which can be removed by the TGB E-File (if you are E-File trained) or with a TGB 120/180 grit File.



USING TGB PRODUCTS & TGB LIGHT THE WAY LAMP



When performing Gel Polish treatments it is absolutely imperative to seek out reputable products and to use them correctly to avoid unwanted reactions occurring. In the nail world, undesirable effects aren't usually caused directly by the product, but by an incorrect or unsafe application.

Safe use requires that any artificial nail system must not be allowed to contact any part of the skin and must only come into contact with the nail itself. This requires very careful, well educated, professional application.

Thus it is extremely important to use the correct lamp to make sure the gel is correctly and fully cured. The TGB Light The Way Lamp has been tested for compatibility with the all TGB gel products. It is not possible to tell if the product is fully cured just by looking at or touching the gel, so you must always follow the manufacturers' instructions and cure for the full amount of time in the correct lamp.

TGB ACADEMY

At The GelBottle Inc, we don't just sell products to do nails, we teach courses so you can learn how to use our products safely. Whether you're a complete beginner or experienced nail technician looking to further your skills or convert to our brand, we have a course suitable for you at TGB Academy.

TGB Academy Offers:

- Accredited training courses;
- Ongoing support before, during and after training on a dedicated platform like no other;
- Business, Social Media and Photography advice to excel as an artist;
- Interactive and hands-on step-by-step visual courses;
- We have sourced for you the industry leaders to provide high-quality training.



So don't delay and book your course today at
www.thegelbottle-academy.com

